

What can we do in 2018 to make Orillia happier and healthier?

Small Group Reports from Orillia's Sunshine Initiative Citizens' Forum Nov. 25, 2017

1. Title of session: Music for Mental Illness	(14 dots of support)
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Who convened the session? Scott Collins

Who attended? Christine Woodman, Roy Menagh, Tom Langlois, Susan Langlois, Lisa Vaillancourt, Jeff Clark, Susan Charters

Some interesting ideas we discussed:

- Contact Orillia Youth Centre (Kevin Gangloff), Canadian Mental Health and public library
- Need instruments and stage equipment
- Contact Legion for Vet support
- Contact St. Paul's music centre
- All ages – performances

What needs to happen or change in Orillia in 2018 with respect to this topic?

- De-criminalize mental health
- A champion is needed to introduce music therapy
- Provide a gathering place.

<u>Actions proposed for the next 3-6 months</u>	<u>Who will follow up?</u>
<ul style="list-style-type: none">• Contact Orillia Youth Centre• Research music therapy• Organize a follow-up meeting• Contact Cdn. Mental Health	Jeff Clark Susan Langlois next steering group meeting Susan Langlois

2. Title of session: Landfill re-use program	(9 dots of support)
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Who convened the session? Doug Daley

Who attended? Susan Langlois, Tom Langlois, Chris Peacock, Beverley Duncan, Paul Bennett

Some interesting ideas we discussed:

- Reduce taxes by selling used items
- Partner with Habitat for Humanity
- Filter system for re-usables (waste)
- Review Caledon existing waste management

What needs to happen or change in Orillia in 2018 with respect to this topic?

- Marketing of re-use waste programs (educate students)
- Redirect renovation sites
- Make waste management self-sufficient and support community employment
- Implement waste filter (customized separation)
- Redeploy staff

<u>Actions proposed for the next 3-6 months</u>	<u>Who will follow up?</u>
• Visit Bolton/Caledon re-use store	Doug Daley
• Contact Habitat for Humanity	Doug Daley
• Discuss partnerships (e.g. tool library, fix-it gp.)	Doug Daley
• Offer perk for volunteers (first dibs)	

3. Title of session: Tool library, Repair café, Maker space (8 dots of support)

Who convened the session? Brent Thompson, Valerie Powell

Who attended? Matt Thomson, Jamie Powell, Doug Daley, Annelise Stenekes, Steve Clarke, Alison Braun, Suzanne Campbell (library)

Some interesting ideas we discussed:

- Develop a tool library/workshop in the downtown area
- Ability to fix our own stuff
- Offering a service for home repairs (pull skilled trades together to repair houses in need – barn-raising concept)

What needs to happen or change in Orillia in 2018 with respect to this topic?

- Looking for rentable spaces
- Funding as full-time employee to start initial 2-year phase
- Connections with community members with resources/supports to collaborate

<u>Actions proposed for the next 3-6 months</u>	<u>Who will follow up?</u>
• Find a location ASAP	Brent and Matt
• Connex with community members	Brent and Annelise

4. Title of session: Pollinator City (5 dots of support)

Who convened the session? Susan McTavish

An interesting idea: Pollinator cities pledge to increase flowering habitat, to stop or limit pesticide use including systemic pollinator-lethal insecticides, to celebrate the resolution once it is passed and let people know it was passed.

5. Title of session: Orillia Greenhouse

(5 dots of support)

Who convened the session? Ralph Cipolla

Who attended? Chris Peacock, Lori Hunter, Paul Bennett

Some interesting ideas we discussed:

- City is building a greenhouse (flowers and plants). Privately fund to make it twice as big.
- Donate half to food-insecure people. Sell the other half to fund the model.
- Use a food co-op to sell it.

What needs to happen or change in Orillia in 2018 with respect to this topic?

- Define the gardening project.
- Public awareness of the project.
- Engage other community stakeholders.

Actions proposed for the next 3-6 months

- Investigate industry leaders
- 6-7 people (organization) to put the plan together
- Build business plan

Who will follow up?

Ralph (705) 323-2466
Chris (705) 792-8383
Lori (705) 325-9565 (X7530) and
Dennis (705) 955-4531

6. Title of session: The Breathing Project

(4 dots of support)

Who convened the session? Lee Kelly

Who attended? Joyce Ward, Heather Adams, Teal Wise

Some interesting ideas we discussed:

- Focus on breath increases mental calm, lowers blood pressure, increases well-being
- Environmental – Orillia’s air quality is clean – let’s breathe it!
- Breathing - related to mind-body connection – get out of your head

What needs to happen or change in Orillia in 2018 with respect to this topic?

- Start a campaign – It’s 11 am – are you breathing fully?
- Take a breathing break Orillia
- Explain benefits (and cautions) to various groups – parents, young adults, adults

Actions proposed for the next 3-6 months**Who will follow up?**

- Explore what tools are available to promote this idea Lee
- Look at target groups
- Could yoga teachers donate time to facilitate a workshop? Lee
- Explore ways to bring breathing techniques to groups

7. Title of session: More women in politics (4 dots of support)

Who convened the session? Valerie Powell

Who attended? Pat Hehn, Jane Bonsteel, Lee Kelly, Elizabeth van Houtte

Some interesting ideas we discussed:

- Why would more women make a difference?
- Can we overcome the different way that women in leadership are treated?
- Add women's voices, in a positive way

What needs to happen or change in Orillia in 2018 with respect to this topic?

- More women as candidates – support and encourage via workshops for interested women
- Bring local women's leaders together to promote involvement in municipal politics, involvement regardless of party politics.

Actions proposed for the next 3-6 months**Who will follow up?**

- Workshops or series of encouraging women in politics Pat H.
- Use community resources to create agenda – academic – local leaders
- CFUW as partner?

8. Title of session: City of Orillia – First Living Wage City (3 dots of support)

Who convened the session? Kathy Manners

Who attended? Lisa Vaillancourt, Chris Peacock, Susan Charters, Alec Adams, Jane Bonsteel, Heather Adams, Lee Kelly, Joyce Ward

Some interesting ideas we discussed:

- Can employer do this?
- A great marketing for the City
- How do you work with national employer, not just local stores?

What needs to happen or change in Orillia in 2018 with respect to this topic?

- Discussion with business community. Who can? Profile of employee in Orillia.

- Education on difference between basic income, minimum wage, living wage
- Promote buy from living wage employers

<u>Actions proposed for the next 3-6 months</u>	<u>Who will follow up?</u>
<ul style="list-style-type: none"> • Chamber of Commerce to drive this with City – logo, market the idea of it 	Economic Development
<ul style="list-style-type: none"> • Data – profile living wage in Orillia 	Kathy Manners
<ul style="list-style-type: none"> • Forum on living wage – poverty round table presentation 	
<ul style="list-style-type: none"> • Tool kit for employee 	Living wage network
<ul style="list-style-type: none"> • Send website to group 	

**9. Title of session: Make a Department of Municipal Government Profitable
(2 dots of support)**

Who convened the session? Paul Bennett

Who attended?

Some interesting ideas we discussed:

- By making the civil servants paid to operate a municipal operating department generate enough income from the users of that department’s services, there will be no tax burden on the general taxpayer, maybe even a reduction.

What needs to happen or change in Orillia in 2018 with respect to this topic?

- Reward department managers that succeed – recognition and praise, good annual salary reviews and possible bonuses
- Penalize department managers that let expenses exceed income – bad annual reviews, no salary increase, 3rd year fire and replace.

<u>Actions proposed for the next 3-6 months</u>	<u>Who will follow up?</u>
<ul style="list-style-type: none"> • Set department financial goals for every department that spends tax dollars and has Capacity to generate income 	Town manager, mayor

10. Title of session: Surface water quality (2 dots of support)

Who convened the session? Jane Bonsteel

Who attended?

Some interesting ideas we discussed:

- What does EAC do? How can they be engaged?
- Storm water quality (Storm Water Master Plan)
- Bird control (geese, gulls)
- “Friends of ...” (Couchiching, Sundial Creek...)

What needs to happen or change in Orillia in 2018 with respect to this topic?

- Public education: “When you’re fertilizing your lawn, you’re also fertilizing the lake.”
- Investigate “Blue Flag” status for beaches.

<u>Actions proposed for the next 3-6 months</u>	<u>Who will follow up?</u>
<ul style="list-style-type: none"> • “Friends of Sundial Creek” 	

11. Title of session: Define primary community objectives - necessary to best meet the needs and aspirations of citizens

Who convened the session? Alec Adams

Who attended? John Pitts, Gillian Downs, Lee Kelly

Some interesting ideas we discussed:

- Current growth/economic path is not sustainable
- Endless growth is impossible
- Co-ordinate with group co-ordinating a poll of Orillia residents

What needs to happen or change in Orillia in 2018 with respect to this topic?

- Adopt the standards and values of the Cdn Index of Well-being in contrast to promoting growth and employing GDP.

<u>Actions proposed for the next 3-6 months</u>	<u>Who will follow up?</u>
<ul style="list-style-type: none"> • Form a discussion group 	Alec Adams, John Pitts

12. Title of session: Canvassing Orillia (2 dots of support)

Who convened the session? Ryan McVeigh

Who attended? Kathy Manners, Susan Charters, Teal Wise, Stephen Davids

Some interesting ideas we discussed:

- Suggestion Bus

- “My Huron Path”
- Young families in particular?
- Whose responsibility?
- Grass-roots vs. formalization
- Missing people (representation) – capturing absent groups
- Find problems, don’t promote solutions (in advance)

What needs to happen or change in Orillia in 2018 with respect to this topic?

- Formal commitment of some sort

13. Title of session: Providing support by opening a safe place for people to create as they heal from loss of a loved one due to opioid/suicide death (2 dots of support)

Who convened the session? Andrea Lee-Burnett

Who attended? Susan McTavish

Some interesting ideas we discussed:

- Forum/exhibit of art-work related to loss through suicide or death - by addicts, family members – at OMAH
- Awareness, education, prevention, care, monitored withdrawal program, tapering of drug

What needs to happen or change in Orillia in 2018 with respect to this topic?

- Better strategies. Learn from Portugal and other countries/towns on how to support families and friends in the grieving process.
- Ban the sale of pill presses used illicitly.
- More opportunity to share and work together through talking about the situation.

Actions proposed for the next 3-6 months

Who will follow up?

- Our “task force” will continue to develop ideas – work on finding a place in Orillia and involving artists, writers, former users, people affected – to visit and use various creative measures to heal.

14. Title of session: Re-purpose Orillia Square Mall into a Medical Centre (Target Building) and long-term care facility or seniors’ residences (1 dot)

Who convened the session? Scott Maclagan

Who attended? Bev Duncan, Joyce Ward, Susan McTavish

Some interesting ideas we discussed:

- Need to develop concept/feasibility study
- Need to explore potential private developer involvement
- Potential involvement of City's Economic Development Dept.

What needs to happen or change in Orillia in 2018 with respect to this topic?

- Need to determine community support for the concept.
- Need to research what similar projects have been undertaken in Canada or elsewhere.

Actions proposed for the next 3-6 months

Who will follow up?

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15. Title of session: Bereavement support for families after death of child

Who convened the session? Pat Hehn

Who attended?

Some interesting ideas we discussed:

- Death of a child different from other deaths
- Other support groups in town don't meet their needs
- Infant death different than death of an older child

What needs to happen or change in Orillia in 2018 with respect to this topic?

- Meet with funeral homes/OSMH/Hospice/ grand rounds to evaluate need
- Open meeting for public

Actions proposed for the next 3-6 months

Who will follow up?

- As above

16. Title of session: Bus route extension

Who convened the session? Gillian Downs

Who attended?

Some interesting ideas we discussed:

What needs to happen or change in Orillia in 2018 with respect to this topic?

- Just bringing awareness to the need for the bus to extend to the seniors/staff/volunteers/families at 600 Sundial Drive. Thank you!

<u>Actions proposed for the next 3-6 months</u>	<u>Who will follow up?</u>
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17. Title of session: Couchiching Park Child Safety

Who convened the session? Deb Hahn

Who attended?

Some interesting ideas we discussed:

- More covers over play area due to extreme heat, dangerously hot play slides, etc.
- A Johnny-on-the-spot close to fishing areas (docks) so young children have easy and safe access.

What needs to happen or change in Orillia in 2018 with respect to this topic?

- Not much cost to repair this situation

<u>Actions proposed for the next 3-6 months</u>	<u>Who will follow up?</u>
• Park officials accommodating this action.	Deb Hahn