

Women's Services

Lake Country Doulas.....	705-305-3047
Mariposa Grandmothers.....	705-835-1512
Mothercare.....ext. 3103...	705-326-6502
Orillia Business Women's Association.....	705-325-6292
Orillia Midwives.....	705-326-0000
Orillia Native Women's Group.....	705-329-7755
Orillia Pregnancy Resource Centre.....	705-326-8228
Orillia Women's Newcomers Group.....	705-487-5221
Turner Birth Services.....	705-826-2229

Information Orillia

36 Missisaga Street West
Orillia, ON L3V 3A6
(705) 326-7743

**Your Community Information Referral
and Volunteer Service Centre.**
Connecting people with services since 1969!

Emergency & Crisis Lines 911

Athena's Sexual Assault Counseling.....	1-800-987-0799
Crime Stoppers.....	1-800-222-8477
Kids Help Phone.....	1-800-668-6868
Mental Health Crisis Line.....	705-728-5044
OPP, Communication Centre.....	1-888-310-1122
OPP, Orillia Non Emergency, Peter St.....	705-326-3536
Orillia Fire Station 1 & 2.....	705-325-5201
Poison Control Centre.....	1-800-268-9017
Sexual/Domestic Assault Crisis Line.....	1-877-377-7438
Telecare Distress Line.....	705-325-9534
Youth Mobile Crisis Response.....	1-888-893-8333

Arts & Culture

Canadian Authors.....	705-325-3926
Chippewas of Rama First Nation Culture Department ext. 1247.....	705-325-3611
City of Orillia Parks, Recreation and Culture.....	705-329-7250
Leacock Museum.....	705-329-1908
Mariposa Folk Foundation.....	705-326-3655

Arts & Culture Continued

Ontario Provincial Police Museum.....	705-329-6889
Orillia & District Arts Council.....	705-835-3166
Orillia Museum of Art and History.....	705-326-2159
Orillia Opera House.....	705-326-8011
Zephyr Art Mobile Gallery.....	705-331-2836

Business Services

Better Business Bureau.....	1-800-459-8875
Community Development Corporation.....	705-325-4903
Downtown Orillia Management Board.....	705-325-3261
Orillia Business Women's Association.....	705-325-6292
Orillia Chamber of Commerce.....	705-326-4424
Oro-Medonte Chamber of Commerce.....	705-487-7337
Ramara Chamber of Commerce.....	705-484-2141

Clinics

Georgian College Dental Clinic.....ext 1387.....	705-728-1968
Life Labs.....	1-877-849-3637
Orillia X-Ray & Ultrasound.....	705-327-0744
Simcoe Muskoka District Health Unit.....	705-721-7520
Walk in Counseling, Catholic Family Services.....	705-726-2503
Walk in Dentistry, 52 Mississaga ST. E.....	705-327-8062
Walk In Medical Clinic for Registered Patients.....	
-Couchiching Family Health Team.....	705-329-3649
-Orillia Family Health Organization.....	705-327-0578

Education

Bright Horizons Montessori.....	705-325-2073
Catholic Education Centre	705-722-3555
Georgian College.....	705-325-2740
Home with a Heart.....	705-326-8228
Lakehead University.....	705-330-4008
Orillia Alternative Program.....	705-325-4911
Orillia Christian School.....	705-326-0532
Orillia Kumon Centre.....	705-645-0777
Orillia Literacy Council.....	705-327-1253
Simcoe County District School Board.....	705-728-7570
Stellar Montessori School.....	705-323-9398
Sunshine Speakers Toastmasters Club.....	705-326-2068
The Learning Centre.....	705-325-9279

Service Clubs Continued

Quota International of Mariposa Silver Q.....	705-259-3132
Ramara Seniors Association.....	705-329-0002
Rotary Club of Orillia.....	705-689-8295
Rotary Club of Washago and Area.....	705-689-4039
Shrine Club.....	905-471-5023
Washago Area Senior Citizens Club Inc.....	705-689-6762

Transportation

Airport Transportation.....	705-728-1148
Drive Test Orillia.....	1-888-570-6110
First Student Canada.....	705-326-7376
Ontario Northland.....	705-326-4101
Orillia City Transit.....	705-326-8300
O.W.L.S Wheelchair Bus.....	705-327-0411
Road Conditions.....	1-800-268-4686
Service Ontario.....	705-326-4424
Helping Hands.....	705-325-7861

Tourism

Downtown Orillia Management Board.....	705-325-3261
Ontario's Lake Country, Administration.....	705-325-9321
Ontario Travel.....	1-800-668-2746
Orillia Chamber of Commerce.....	705-326-4424

Utilities

Union Gas.....	1-888-774-3111
Hydro One.....	1-888-664-9376
Orillia Power Corporation.....	705-326-7315
Orillia Natural Gas LTD.....	705-325-3939

Women's Services

Athena's Sexual Assault Counselling.....	705-737-2884
Biminaawzogin Transition Homes.....	705-326-3900
Birthing Blessings Doula and Birth Services.....	705-325-5765
Blissful Birth Childbirth Ed. & Doula Services.....	705-955-4576
Canadian Federation of University Women.....	705-325-5133
Couchiching Jubilee House(CJH)...ext. 100...	705-326-4337
CJH Community Connections.....ext. 103...	705-326-4337
Dress For Success.....	705-252-9200
Green Haven Shelter for Women.....	705-327-7383

Senior Services Continued

-Birchmere.....	705-326-8520
-Champlain Manor.....	705-326-8597
-Kayla House.....	705-327-2464
-Leacock Retirement Lodge.....	705-329-3887
-May's Manor.....	705-326-5698
-Tudhope Manor.....	705-325-8383
-Victoria House.....	705-327-1806

SENIORS APARTMENTS

-Coldwater Seniors Apt Inc.....	705-817-0904
-Hillcrest Lodge.....	705-259-2240
-Legion Crest.....	705-326-8433
-Orillia Independent Suites.....	705-323-9000

SENIORS GOVERNMENT

-Canada Pension, Guaranteed Income Supplement, Old Age Security.....	1-800-277-9914
-Seniors Drug Benefit Line.....	1-888-405-0405
-Veterans Affairs.....	1-866-522-2122

Service Clubs

Champlain Seniors Service Club.....	705-325-0571
Catholic Women's League of Canada ext. 121.....	705-326-2849
Couchiching Rebekah Lodge #100.....	705-733-0048
Helping Hands. Seniors in the City.....	705-325-7861
Independent Order of the Oddfellows.....	705-345-4004
Kiwanis Club of Orillia.....	705-326-6021
Knights of Columbus.....	705-325-3322
Legion Branch #034, Core of 34.....	705-325-8442
Lioness Club, Oro District.....	705-722-0699
Lioness Club, Washago District.....	705-689-3333
Lions Club, Brechin District.....	705-426-9372
Lions Club, Coldwater and District.....	705-686-7025
Lions Club, Orillia District.....	705-325-3196
Lions Club, Oro District.....	705-487-3927
Lions Club, Washago.....	705-689-8075
Loyal Order and Women of the Moose.....	705-325-8366
Orillia TIE Club.....	705-326-0802

Employment

Agilec (Northern Lights)	705-325-9299
Crossroad Staffing	705-327-3333
Dress For Success.....	705-252-9200
Employment Insurance Inquiry Line.....	1-800-206-7218
Georgian College Centre for Career and Employment Services.....	705-329-3102
Ontario Ministry of Labour.....	1-800-531-5551

Environment

AWARE Simcoe.....	705-526-9883
Bear Hotline.....	1-866-514-(BEAR) 2327
Couchiching Conservancy.....	705-326-1620
Ducks Unlimited, Preservation of wildlife.....	705-721-4444
Environment Network.....	1-866-377-0551, 705-446-0551
Georgian Bay Turtle Hospital.....	705-327-2808
Kids for Turtles Environmental Education.....	705-325-5386
Ontario Clean Water Agency.....	705-429-2525
Ontario Water Centre.....	905-751-8126
Orillia Fish & Game Conservation Club.....	705-826-4263
Orillia Horticultural Society.....	705-325-7384
Orillia Naturalist Club.....	orillianaturalists@gmail.com
Natural Resource Information Centre.....	1-800-667-1940
Natural Resources, Ontario Ministry.....	705-725-7500
Pollution Control Division, Orillia.....	705-325-2439
Provincial Park, Bass Lake.....	705-326-7054
Provincial Park, Mara.....	705-326-4451/705-326-7054
Provincial Park, McRae Point.....	705-325-7290
Solid Waste Management, Orillia.....	705-325-2325
Waste Water Treatment, Orillia.....	705-326-1066
Wye Marsh	705-526-7809

Family, Youth & Child Services

Air Cadets, 99 Lynx Squadron.....	705-326-9999
Big Brothers & Big Sisters.....	705-325-3151
Catholic Family Services.....	705-726-2503
Toll Free.....	1-888-726-2503
Catulpa Community Support Services.....	705-326-6502
Child Advocacy Centre, Simcoe Muskoka.....	705-327-0118
Couchiching Community Initiative.....	705-325-3428

Family, Youth & Child Services Continued

DAYCARE, NURSERY SCHOOL, PRESCHOOL

-Children's Corner Nursery School.....	705-326-2171
-Orillia Central Pre-School.....	705-327-2764
-Orillia Central Pre-School North.....	705-327-5764
-Rama First Nation Childcare....ext 110...	705-325-3611
-Simcare Day Care Services.....	705-327-5566
-Wee Watch, Private Home Day Care.....	705-326-5015
-West Ridge Early Education Centre.....	705-326-3299
-YMCA, Lions Oval.....	705-326-6091
-YMCA Notre Dame Child Care Centre.....	705-327-2607
-YMCA on Peter Street.....	705-325-6168
Elizabeth Fry Society.....	705-725-0613
Girl Guides of Canada.....	1-800-565-8111
John Howard Society.....	705-325-6561
Kinark.....	1-888-454-6275
New Path Youth & Family Services.....	705-725-7656
Early On.....	705-325-1299
Orillia Youth Centre.....	705-325-8082
Rainbows.....	705-326-9941
Ramara Youth Committee.....	705-325-3091
Simcoe County Social & Community Services..	705-722-3132
Simcoe Muskoka Family Connexions (CAS)....	705-325-1005
Scouts Canada.....	1-888-855-3336

First Nation Services

Barrie & Area Native Advisory Circle.....	705-734-1818
Barrie Native Friendship Centre.....	705-721-7689
Biminaawzogin Transition Homes.....	705-326-3900
Chippewas of Rama First Nation.....	705-325-3611
Enahtig Healing Lodge.....	705-534-3724
Endaad Native Non-Profit Housing.....	705-325-6660
Indiengous and Northern Affairs Canada.....	1-800-567-9604
Mnjikaning Fish Fence Circle.....	705-835-9331
Orillia Native Women's Group.....	705-329-7755
The Chief's of Ontario.....	1-877-517-6527

Recreation, Leisure & Fitness Continued

COMMUNITY CENTRES & HALLS

-ANAF Club #400, Orillia.....	705-325-2007
-Breachin Community Centre Board.....	705-484-5374
-Coldwater & District Community Centre.....	705-686-3322
-Hawkestone Community Hall.....	705-487-5866
-Legion Branch #034, Orillia.....	705-325-8442
-Legion Branch #270, Coldwater.....	705-686-3388
-Legion Branch #488, Brechin Mara.....	705-484-5393
-Legion Branch #619, Warminster.....	705-325-6920
-Moose Lodge.....	705-325-8366
-Oro-Medonte Community Centre.....	705-487-2171
-Washago Community Centre.....	705-689-6424

Newcomers, Immigration & Language Services

Citizenship and Immigration Centre	1-888-242-2100
Ontario, Citizenship and Immigration.....	705-737-3010
Welcome Centre, Immigrant Services.....	1-877-761-1155
Welcome Wagon.....	1-844-299-2466
YMCA Newcomers Services.....ext. 25...	705-797-2020

Senior Services

Caregivers 2000.....	705-326-0565
Cherish Independence.....	705-327-5009
Elder Abuse Ontario.....	1-866-299-1011
Foodland Senior Grocery Delivery Service....	705-325-1879
Happy at Home.....	705-326-9355
Helping Hands & Meals on Wheels.....	705-325-7861
Home and Community Care, Rama...ext 1600..	705-325-3611
Senior Centre, St Andrew's.....	705-325-5183

LONG TERM CARE FACILITIES

-Leacock Care Centre.....	705-325-9181
-Spencer House.....	705-326-6609
-Oak Terrace.....	705-325-2289
-Trillium Manor.....	705-325-1504

RESIDENTIAL CENTRES

-Paradise Shores by AmandaFritz.....	705-323-6599
-Atrium Retirement Home.....	705-325-7300
-Best Lifestyle Residence.....	705-686-3307

Housing Continued

Housing, Simcoe County, Subsidized.....	705-725-7215
Landlord & Tenant Tribunal.....	1-888-332-3234
Orillia Community Non-Profit Housing Corp....	705-327-5633
Orillia Housing Resource Centre.....	705-739-0485
The Lakeland Association of Realtors.....	1-705-788-1504

Legal

Community Legal Clinic.....	705-326-6444
Court Diversion Program.....	705-733-2113
Court House, Orillia...705-326-2960....Barrie...705-739-4291	
Crime Stoppers.....	1-800-222-8477
Elizabeth Fry Society.....	705-725-0613
John Howard Society.....	705-325-6561
Justice of the Peace.....	705-326-2671
Legal Aid.....	1-800-668-8258, 705-737-3400
Probation, Orillia Youth Services.....	705-329-0455
Probation & Parole, Adult.....	705-329-6010

LGBT Services

Lesbian Gay Bi Trans Youth Line.....	1-800-268-9688
LGBT Youth Connection.....ext. 107...705-722-6778	
Simcoe Pride Committee.....	1-888-774-1727

Libraries

Chippewas of Rama Public Library..ext. 1480..705-325-3611	
Coldwater Memorial Public Library.....	705-686-3601
Orillia Public Library.....	705-325-2338
Ramara Township Library, Ramara Centre....	705-325-5776
Ramara Public Library, Brechin Branch.....	705-484-0476

Recreation, Leisure & Fitness

Barnfield Point Recreation Centre, Curling....	705-325-3089
Brian Orser Arena.....	705-325-1414
City of Orillia Parks & Recreation.....	705-329-7250
Mariposa Gymnastics.....	705-325-3754
Mnjikaning Arena Sports KI (MASK)..ext. 1290..705-325-3611	
ODAS Park, Agricultural Society.....	705-325-0353
Orillia & District Snowmobile Club.....	705-558-1247
Rotary Place.....	705-325-5332
YMCA.....	705-325-6168

French Services

Centre des femmes Francophones du comté de Simcoe	
.....	705-797-2060
College Boreal, Learning French.....	705-737-9088
Explore French.....	705-689-8129
French Casual Conversation.....	705-325-2338
La Clé d'la Baie en Huronie.....	705-549-5568

Food Banks, Shelters & Basic Needs

Coldwater Food Bank.....	705-686-7787
Comfie Cat Shelter.....	705-326-1545
Couchiching Jubilee House.....	705-326-4337
Emergency Cupboard, Formula & Diapers.....	705-325-1299
Family Crisis Mobile Unit.....	1-888-893-8333
Green Haven Outreach.....	705-329-2806
Good Food Box.....	705-326-7743
Lighthouse, 48 Peter St S (Lunch).....	705-329-2265
Living for Jesus Outreach.....	705-259-2780
OSPCA, Orillia Branch.....	705-325-1304
Salvation Army, Food Bank.....	705-326-3472
Salvation Army, Thrift Store.....	705-326-6550
St. James Loonie Lunch, 85 Peter St N.....	705-325-2742
St. Vincent de Paul, Food Bank.....ext 132...705-326-2849	
The Sharing Place, Food Bank.....	705-327-4273

Municipal Government

Chippewas of Rama First Nation.....	705-325-3611
City of Orillia.....	705-325-1311
Economic Development Office.....	705-325-4900
Oro-Medonte Township.....	705-487-2171
Severn Township.....	705-325-2315
Simcoe County Administration.....	705-726-9300
Township of Ramara.....	705-484-5374

Provincial & Federal Government

Child Tax Benefit.....	1-800-387-1193
Citizenship & Immigration.....	1-888-242-2100
Family Responsibility Office.....	1-800-267-4330
HST Information.....	1-800-959-1953

Provincial & Federal Government Continued

Health Cards.....	1-888-376-5197
Income Tax, Revenue Canada.....	1-800-959-8281
M.P.P Simcoe North, Patrick Brown.....	705-326-3246
M.P Simcoe North, Bruce Stanton.....	705-327-0513
Ombudsman, Ontario.....	1-800-263-1830
Ontario Disability Support Program.....	705-325-7408
Ontario Human Rights.....	1-800-387-9080
Ontario Ministry of Labour.....	1-800-531-5551
Ontario Provincial Police (Orillia).....	1-888-310-1122
Ontario Works.....	705-722-3132
Post Office, Brechin.....	705-484-0053
Post Office, Coldwater.....	705-686-7803
Post Office, Orillia.....	705-327-2918
Post Office, Oro.....	705-487-3917
Post Office, Warminster.....	705-327-0518
Post Office, Washago.....	705-689-6466
Post Office, Toll Free Line.....	1-800-267-1177
Passport Canada.....	1-800-567-6868
Service Ontario.....	705-326-4424
Service Canada.....	1-800-622-6232

Health & Human Services

AA.....	705-325-6385
AIDS Committee of Simcoe County.....	1-800-372-2272
Al Anon.....	705-730-3307
Alzheimer Society.....	705-722-1066
Amnesty International.....	1-800-266-3789
Arthritis Society.....	1-800-321-1433
Birthingright International.....	705-737-3550, 1-800-550-4900
Canadian Blood Services.....	1-888-236-6283
Canadian Cancer Society.....	705-726-8032
Canadian Diabetes Association.....	1-800-226-8464
Canadian Mental Health Services (SOS).....	705-325-4499
Canadian Hearing Society.....	705-737-3190
Canadian Red Cross.....	705-721-3313
CNIB.....	705-728-3352, 1-800-563-2642
College of Physicians & Surgeons..ext. 203..	1-800-268-7096

Health & Human Services Continued

Community Mental Health Service.....	705-327-9122
Community Foundation of Orillia....ext. 207...	705-325-4903
Deaf Access Simcoe Muskoka.....	705-728-3577
Diabetes Education Centre.....	705-325-7611
Epilepsy Ontario, Simcoe County.....	705-737-3132
Food Addicts In Recovery Anonymous.....	705-955-2222
Health Canada.....	1-866-225-0709
Health Care Connect.....	1-800-445-1822
Heart & Stroke Foundation.....	705-737-1020
Helping Hands.....	705-325-7861
Hospice Orillia.....	705-325-0505
Meals on Wheels.....	705-325-7861
Multiple Sclerosis.....	1-800-268-7582
Narcotics Anonymous.....	705-730-6544
North Simcoe Muskoka Infection Control.....	705-418-0255
North Simcoe Muskoka L.H.I.N.....	705-326-7750
North Simcoe Victim Crisis Services.....	705-325-5578
Ontario Lung Association.....	1-888-344-5864
Orillia Pregnancy Resource Centre.....	705-326-8228
Orillia Soldiers Memorial Hospital.....	705-325-2201
Overeaters Anonymous	705-426-9391
Rama Health Centre.....ext. 1608..	705-325-3611
Seven South Street Treatment Centre.....	705-325-3566
Sexual/Domestic Assault Treatment.ext. 3283..	705-325-2201
Simcoe Community Services.....	705-327-5391
Simce Muskoka District Health Unit.....	705-325-9565
St. John Ambulance.....	1-800-268-7881
Stroke Survivors & Caregiver Support Group..	705-326-2553
Telehealth Ontario.....	1-866-797-0000
Therapeutic Paws Canada.....	705-329-0072
United Way of Greater Simcoe County.....	705-726-2301
Victorian Order of Nurses(VON).....	705-737-5044
VON Adult Day Program.....	705-326-7505

Housing

Endaad Native Non-Profit Housing.....	705-325-6660
Community Legal Clinic	705-326-6444